



## **Jesse E. Smith MD, FACS**

Facial Plastics and Reconstruction

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### **Dermabrasion Post Op Instructions**

- You will have red/scraped appearing skin on the area that has had dermabrasion. It may continue to slightly bleed/ooze over the next 2 days.
- You will clean the area with normal saline or wound cleanser followed by over-the-counter Aquaphor healing ointment. Apply liberal amounts of Aquaphor throughout the day to keep the treated area well hydrated.
- Do not pick or peel the scabs or loose skin- this can cause scarring. Once the scabbing has resolved, you will begin using silicone scar tape and/or gel.
- Keep area away from the sun. Wear a hat or sun protective clothing as well as at least SPF 30 sunscreen.

#### **Call the office if you notice any of the following:**

- The area continues to bleed and you are not able to control it with firm pressure for 15 minutes.
- Fever greater than 100.4 degrees Fahrenheit.

You will be given your follow up visit via our Klara patient communication app. Please contact via Klara with any questions or concerns.

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