



## Mepitac Silicone Scar Tape

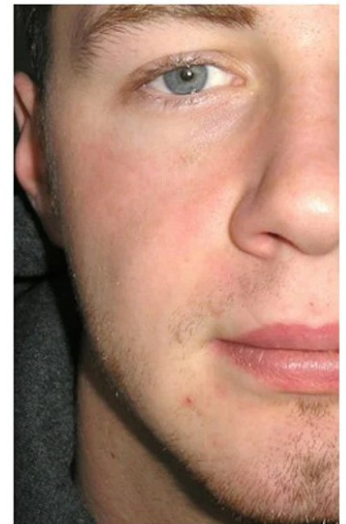
- Cheapest at Amazon
- Wear during the day time (12hr/day)
- Cut in strips to fit scar
- Reusable if clean and dry
- Use for 3-6 months

## Serica Scar Cream

- Use at night after shower along incision line
- Rubs in like a lotion
- Massage the area to break up scar tissue



Approximately 2 weeks



After 12 weeks of treatment

### Why is silicone used for scars?

Silicone can work well combined with treatments such as pressure, scar massage and other therapeutic methods in reducing the appearance of problematic scars. Silicone may hydrate the scar tissue and reduce the production of collagen fibers. It has also been shown to reduce redness and to make the scar flatter, softer and paler.

### How Silicone Works

Silicone creates an occlusive barrier that enhances the body's natural healing process. This occlusion reduces excessive water loss and helps limit excessive collagen production. The International Advisory Panel on Scar Management supports Silicone Gel Sheets/Tape as the primary treatment for surgical and traumatic scars. Silicone is the gold standard in topical scar management.