



## Jesse E. Smith MD, FACS

Facial Plastics and Reconstruction

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### **Mohs Reconstruction Post Op Instructions**

- Take the antibiotic, pain, and anti-nausea medication the day after your surgery as prescribed by Dr. Smith. You can start using your pain medication the night of surgery if you are in pain.
- Clean sutures with normal saline or wound cleanser and apply the antibiotic ointment (Bactroban/muporicin) 2 times daily.
- Some bleeding/oozing is expected from the underside of the flap. Keep flap clean and free of dried blood and crusting. It is important to keep sutures clean and free of dried blood/crusting as this will prevent healing and lead to an undesirable scar.
- Do not get surgical area/ sutures wet with water until all sutures have been removed. It is okay to bathe from neck down.
- Do not apply any dressing/Band-Aids over the flap as this can affect blood supply and lead to complications.
- Keep head elevated after surgery to help decrease swelling.
- If you received a skin graft, leave the sponge/bolster in place. Please keep area dry. The sponge/bolster will be removed in 14 days.
- You may have stents placed inside your nose. You will need to use Nasal saline every 2 hours while awake and as needed to wash out nose. This is very important- you cannot overuse the saline.
- If you received Nitro-BID paste (white), please apply to entire skin surface of the flap area twice daily
- No bending or lifting greater than 15 pounds x 3 weeks. It is okay to walk, but avoid vigorous exercise until directed by Dr. Smith.
- Do not wear makeup until at least 7 days after your sutures are removed.
- You may notice bruising under eyes or under chin especially if you are on blood thinners or ibuprofen. This is normal and should resolve within a couple of weeks. Do not use ibuprofen/Advil/Aleve until directed by Dr. Smith
- Do not smoke. If you currently use tobacco products, you should not use these products for at least 6 weeks after surgery. Tobacco products delay healing time and can significantly compromise your surgical outcome.
- You will be scheduled for your Mohs Stage 2 surgery in 8 -12 weeks from the date of your first surgery.

#### **Call the Office if you notice any of the following:**

- A black/gray or purple appearance to the skin of your flap.
- A temperature greater than 100.4 degrees Fahrenheit.
- An unusual amount of bleeding that does not stop after applying firm pressure for 15 minutes.
- An increase in pain that is not relieved by taking your pain medication.

You will be given your follow up visit via our Klara patient communication app. Please contact via Klara with any questions or concerns.

[www.jessesmithmd.com](http://www.jessesmithmd.com)