



Jesse E. Smith MD, FACS

Facial Plastics and Reconstruction

Panendoscopy Post Operative Instructions

- Take the pain, Peridex mouth rinse, and anti-nausea medication the day after your surgery as prescribed by Dr. Smith. You can start using your pain medication the night of surgery if you are in pain.
- You will use the Peridex mouth rinse twice daily x 7 days.
- If biopsies were taken during your surgery expect final pathology results in 1 week.
- Some minor bleeding/oozing is expecting from the surgical site.
- You may want to keep a soft diet while your throat is sore. You can advance to normal foods as tolerated.
- Do not use Advil, Aleve, ibuprofen, or other blood thinners until directed by Dr. Smith.

Call the Office if you notice any of the following

- A temperature greater than 100.4 degrees Fahrenheit.
- An unusual amount of bleeding.
- An increase in pain that is not relieved by taking your pain medication.
- If any of the above occur after our regular office hours, please call the office number and you will be directed to our answering service where an on call provider can assist you.

Office Phone Number: 817-806-4245

You will be given your follow up visit via our Klara patient communication app. Please contact via Klara with any questions or concerns.

www.jessesmithmd.com